

Domestic Abuse Factsheet For Male Victims & Survivors

Domestic abuse can take place in an intimate relationship or between family members. You may be worried that no one will believe you or take your fears seriously. We believe you and that every person has the right to live their life free from abuse. Our service is fully inclusive to all members of the community.



Domestic abuse affects 1 in 6 men during their lifetime. It is a pattern of bullying and controlling behaviour which can include one or more of the following:

- **Coercive control**
- **Economic or financial abuse**
- **Physical or sexual abuse**
- **Psychological or emotional abuse**
- **Harassment and stalking**
- **Online or digital abuse**

Violence and abuse is a choice the perpetrator makes; they are 100% responsible for their actions.

What we offer

At Safe in Salford, we offer emotional and practical advice and support for men who are experiencing domestic abuse including:

- **a free telephone helpline**
- **face to face advice**
- **housing information & advice**
- **one to one personal support**
- **signposting to other services**

Get Help Now

If you think that you are experiencing domestic abuse, contact Safe in Salford to talk to a Domestic Abuse Advisor.

Phone: **0161 793 3232** Mon-Fri 9am-5pm
email: **info@safeinsalford.org.uk**

If you are in immediate danger, please phone Greater Manchester Police on 999.

Click [here](#) now to visit our website

Confidentiality and Safeguarding

Confidentiality is really important to us, and the content of your support sessions will be confidential with some exceptions such as:

- **a child or young person is at risk of harm**
- **you disclose that you intend to harm yourself or another person**
- **there is criminal activity involved**

If this is the case then this information may be shared with other professionals and agencies as part of our safeguarding procedures. We will always aim to gain your consent to share this information. If we cannot gain consent from you then we may decide to break confidentiality.

This is not an easy decision to make. Building trust is a very important part of our service. We will always explain our confidentiality with you to help achieve this.

Support for Male Victims of Domestic Abuse



Principal, specialist charity focusing on male domestic abuse victims

Helpline: +441823 334244
Mon-Fri 10am - 4pm



False Allegations Support Organisation

Phone: 0335 779 337
Email: support@false-allegations.co.uk
<http://www.false-allegations.org.uk/>



LGBT+ anti-abuse charity

Phone: 0800 999 5428.
Email: help@galop.org.uk
Mon-Thurs 10am-8pm, Fri 10am-4pm
galop.org.uk/



Advocacy after Fatal Domestic Abuse

Phone: 07887 488 464
Email: help@aafda.org.uk
galop.org.uk/

Apps



Bright Sky

Designed for anyone experiencing domestic abuse, or anyone who is worried about a friend, family member, or colleague



Kulpa

Enables anyone with a camera phone and a card to capture forensic imagery



ONRECORD

ONRECORD gathers evidence of domestic abuse, stalking, harassment or family court cases

Respect

Men's advice line

Domestic Abuse Helpline for Men

Phone: 0808 8010327 Mon-Fri 10am - 5pm
Email: info@mensadvice.org.uk
Mon-Fri 9am-5pm
Webchat: Weds 10-11:30am, Thurs 2-4pm
mensadvice.org.uk



KARMA NIRVANA

Forced marriage and so-called honour based abuse

Helpline: 0800 5999 247
karmanirvana.org.uk



Hourglass

Safer ageing · Stopping abuse

Elderly abuse charity

Helpline: 0808 808
wearehourglass.org

suzy lamplugh trust **LIVE LIFE SAFE**

National Stalking Helpline

Phone: 0808 802 0300
Mon-Tues, Thurs-Fri 09:30am-4pm,
Weds 09:30am-8pm
suzylamplugh.org